



# SACRED HEART PARISH

Sharing the love of Christ through our gifts

Fr. Jan Sobkowicz - Pastor



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## THE EPIPHANY OF THE LORD - JANUARY 7, 2024

### MASS INTENTIONS - January 6-12

Sat.	January 6	9:00 am	George Blanco (birthday)
		7:00pm	(+) Phan Nguyen
Sun.	January 7	9:00 am	Parishioners of Sacred Heart
		*11:00 am	Kimberly & Justin Flunder
		3:00 pm	(+) John Llyod Russel Richard
Mon.	January 8	9:00 am	Deceased Members of the Cockram Family
Tues.	January 9	9:30 am	Cindy Baker (birthday) <i>With Father Henri Voisin</i>
Wed.	January 10	9:30 am	(+) Hilaria & Ricardo Ines & Felicitas Alberto <i>with St. Teresa of Avila</i>
Thurs	January 11	9:30am	Bernadette Brull (birthday) <i>with Camille</i>
Fri.	January 12	9:00 am	Kathy Arnold



### Weekend Mass Times

Saturday - 7:00 pm  
Sunday - 9:00 am  
11:00 am and 3:00 pm

### OFFICE HOURS

Monday: closed

Tues: 9:30 am - noon; 1:00 - 4:00 pm

Wed: 9:30 am - noon; 1:00 - 4:00 pm

Thurs: 9:30 am - noon; 1:00 - 4:00 pm

Fri: 9:30 am - 12:30 pm

The Sacrament of Reconciliation is available after every Mass, and Saturday from 6:15 - 6:50 pm; as well as by appointment.

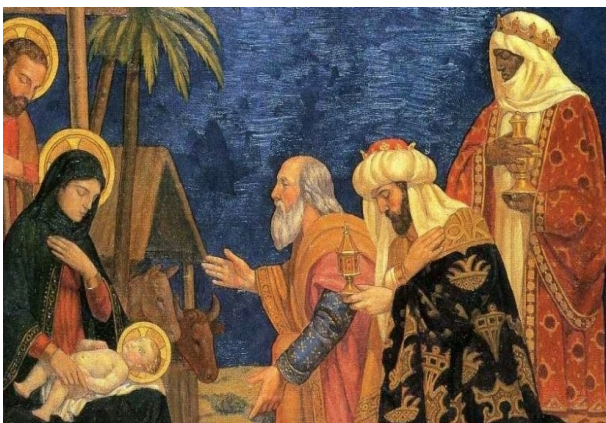


*"If today you hear his voice, harden not your hearts..."*

### BAPTISM OF THE LORD

FEAST DAY - MONDAY, JANUARY 8

Mass will be celebrated at 9:00 am



"Lord, every nation on earth will adore you."  
Responsorial Psalm

**Lead by the Spirit Prayer Group**  
discussion based on the Sunday readings.  
**Tuesday January 9**  
10:30am -12pm  
Bible Study

Come join us to PRAY the ROSARY and enjoy a cup of coffee Wednesday mornings at 10 AM in the room behind the kitchen.

### 2024 DONATION ENVELOPE BOXES

can be picked up in the foyer.  
**NOTE:** numbers have changed ... **Please DO NOT** use envelopes from previous years, to ensure you receive a tax receipt for your donation.

Enjoy the riches of  
God's Word through

## FORMED

Daily Reflections from  
Dr. Tim Gray.

## PRAYER MEETING

Every Tuesday at 8:00 pm  
in the chapel.  
Text Gerard at 587-693-2116  
on arrival, to be let in.

### Society of Saint Vincent de Paul accepts ONLINE DONATIONS

1. Go to the website: [canadahelps.org](http://canadahelps.org)
2. In the website search bar type the SSVP business number: 132410671RR0548
3. Click on the SSVP Red Deer icon to donate

*Society of St. Vincent de Paul is in need of the following items: chest of drawers, shelving, coffee tables, end tables, small kitchen table and chairs, Living Room chairs, double and queen beds. Also continue to need cutlery, pot & pans, kettles, toasters, coffee makers, slow cookers, bedding, and towels. Sincere thanks to those who have donated items. Please contact Carol at 403-588-2416.*

**POOR BOX** weekends are on the 2<sup>nd</sup> full weekend.  
Jan. 13&14, Feb. 10&11, Mar. 9&10, Apr. 13 &14



Baptism Preparation is held once a month, and is required for parents to attend before scheduling your child's Baptism.  
Next preparation by Zoom is on Monday, January 29 at 5:30 pm.  
Please call the parish office to pre-register.

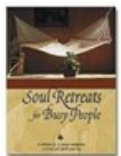


## Selections found in our Parish Library

Here are a few of over 2000 available resources

"When we pray we speak to God; but when we read, God speaks to us."

St. Jerome



Soul Retreats for Busy People / edited & compiled by Lila Empson. Pause, refresh and reflect on the truly important and eternal things in life. Contains meditations with devotional thought, scripture, poems, quotations. (242.22 EMP)



Peace in Our Hearts, Peace in the World : meditations of hope and healing / Ruth Fishel. Helps us come to a full and deep understanding of our own thoughts, actions, limitations, and strengths; and the effect they have on the world at large. (158.128 FIS)



You Can Become a Saint! / Mary Ann Budnik. Becoming a saint does not depend on special graces that only a few receive. We are called to holiness but must respond and act on the call. (248.4 BUD)

[www.wikilibrary.com/library/sacred-heart-library](http://www.wikilibrary.com/library/sacred-heart-library)

## CWL

Sacred Heart Parish Council of the Catholic Women's League is working on rejuvenating and coming back to life. We have a new email address for contact [sacredheartcwlreddeer@gmail.com](mailto:sacredheartcwlreddeer@gmail.com)  
The Catholic's Women's League of Canada means many things to people. Our core values of faith, service and social justice guide us as we follow Catholic teaching, provide service locally, nationally and internationally, and work to advocate for social justice.

**GOOD WORKS** Imagine if you knew the great works done by Catholic Women's League members. As social justice activists, we pray and work for family, friends and all people to change current issues and make this world a better place. We hope you will join us!



The CWL would like to give a huge thank you to the Parishioners of Sacred Heart for their ongoing support with the refugee efforts in Red Deer. Sacred Heart has been supporting this initiative since 2011. The need is great and we would not be able to accommodate it without your support.

2023 was our busiest year and 2024 is predicted to have 100 more refugees. We support families and single people with a bag of basic essentials. These bags are delivered to Catholic Social Services and provided upon arrival. These bags consist of Shampoo, dish soap, toothbrushes, toothpaste, a bar of soap, combs, a dish cloth, tea towel and a welcoming note from CWL.

We currently need clean reusable bags (big and small), bars of soap, dish soap (large and small), hair combs, dish cloths, adult toothbrushes, tea towels, and shampoo (large and small).

Donations can be left in the CWL drawer across from the Chapel. The CWL also accept donations by e-transfers at: [treasurersacredheartcwl@gmail.com](mailto:treasurersacredheartcwl@gmail.com) please indicate refugee supplies in the note section.

2011 people served 56	2012 people served 51
2013 people served 46	2014 people served 69
2015 people served 55	2016 people served 149
2017 people served 83	2018 people served 80
2019 people served 97	2020 people served 70
2021 people served 110	2022 people served 358
2023 people served 451	

Dear Sacred Heart Parish,

First and foremost I want to give you a sincere thank you for supporting the CSS clients for so many years. The welcome bags you have provided for our newcomer government assisted refugee clients and recently Ukrainian newcomers upon arrival in Red Deer are the first gift the families and or individuals receive once they arrive at their temporary accommodation.

The whole team at Catholic Social Services Immigration & Settlement wants to send you a sincere thank you for the wonderful welcome bags you have supplied for so many years. Thank you from the bottom of our hearts.

Warmest regards,  
Anneke Lauwers  
Catholic Social Services



# Catholic Women's League of Canada – Sacred Heart Red Deer Council Membership Form

New Membership       Renewal       Transfer from \_\_\_\_\_

Membership for which year? \_\_\_\_\_ Today's Date: \_\_\_\_\_

Yearly Membership Fee of **\$40.00** paid by:  Cash

Cheque # \_\_\_\_\_ payable to Sacred Heart CWL

eTransfer sent to [treasurersacredheartcwl@gmail.com](mailto:treasurersacredheartcwl@gmail.com) Date Sent: \_\_\_\_\_

*Your membership fee supports national, provincial, diocesan, national CWL insurance, and Sacred Heart Catholic Women's League Red Deer Council. The insurance covers you when you are traveling to any CWL activity.*

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
STREET ADDRESS CITY POSTAL CODE

Primary Phone: \_\_\_\_\_  Cell or  Landline

Secondary Phone: \_\_\_\_\_  Cell or  Landline

Email Address: \_\_\_\_\_

Print a copy of this form and submit with your cheque in a sealed envelope marked SACRED HEART CWL or email to [sacredheartcwlreddeer@gmail.com](mailto:sacredheartcwlreddeer@gmail.com)

May we share your contact information in a Sacred Heart CWL members-only list? Please initial: \_\_\_ Yes / \_\_\_ No

May we use photos of you taken at CWL events in the council Facebook/Newsletters? Please initial: \_\_\_ Yes / \_\_\_ No

Birthday: \_\_\_\_\_  
DAY / MONTH / (YEAR IS OPTIONAL)

What interests, skills, and talents do you have to offer? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Your membership includes THE CANADIAN LEAGUE magazine. How would you like to receive the magazine?

- Hard Copy via Canada Post
- Digital Copy - <https://cwl.ca/category/media/the-canadian-league/>
- Both
- Not interested

### For CWL Organization Use Only

Receipt for CWL Membership Dues—Amount Received: \_\_\_\_\_

Name: \_\_\_\_\_

Date Received: \_\_\_\_\_

Notes: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# FORMED

Formed is a Catholic website which offers a great number of programs including Faith Formation, Sacrament Preparation, Bible Studies, Speaker Presentations, Movies (for all ages), Audio Books, Youth Programing and various Presentations on current topics of interest. Some of the programs are also available in the Spanish language.

We are very grateful to one of our parishioners, an anonymous donor, who has made it possible for our parish to purchase an annual subscription to FORMED. Because of this, there is no cost to our parishioners, who we hope will benefit from this opportunity to grow in their faith.

*Steps to set up your contact information and sign in:*

Search bar - type in: [formed.org](https://formed.org)

Click: [Sign-Up](#)

Click: [Sign-Up as a parishioner](#)

Find parish; type in: [Sacred Heart Red Deer](#)

Click: [Next](#)

Set up personal access (Create a new account): [type in name & email address](#)

After the initial set up, you may log on with [Formed.org sign in](#) to start watching.

*We sincerely encourage our parish families  
to take advantage of this 'generous gift'  
to rekindle our desire to grow closer to Our Lord  
and in understanding the wonders of our Catholic faith.*

*May God's blessings guide and inspire you, always and everywhere.*